The packages that started arriving by FedEx on 12 October last year came with strict instructions: protect the information within and destroy it after review. Inside were two manuscripts showing how the deadly H5N1 avian influenza virus could be made to transmit between mammals. The recipients of these packages — eight members of the US National Science Advisory Board for Biosecurity (NSABB) — faced the unenviable task of deciding whether the research was safe to publish.

The group deliberated. Soon, the rest of the NSABB’s 22 voting members and two dozen non-voting members and advisers were drawn in. For five-and-a-half weeks, they pored over the data in the papers, weighing the benefits of sharing the information against the risk that doing so might lead to the accidental or intentional release of a lethal new virus. They exchanged views in hundreds of e-mails and in more than 24 hours of teleconference calls.

On 21 November, the NSABB recommended that journals should redact the papers, publishing their conclusions but sharing methods and data only with approved scientists and health officials. It was the first time that the board had recommended any such restriction since it was convened in 2005, and it sparked a global debate — aired in journals, meetings, blogs and newspapers — that is still raging and has left the US government in an awkward spot. “The United States funded this research and then wanted to censor it,” says David Fidler, who teaches international law at Indiana University Bloomington. “This looked dysfunctional.”

Throughout these turbulent months, the spotlight has shone as much on the NSABB as it has on the mutant flu viruses. The board’s members, with backgrounds ranging from biology to medicine to national security and law, have been developing guidelines for biosecurity oversight for nearly seven years. The flu research was a major test of the principles they had been espousing.

By all appearances, the board struggled. By mid-February, the NSABB was under pressure to overturn its initial assessment. And...
in the last days of March, it did — voting unanimously in favour of full publication for one paper, which appeared early this month. The board also recommended that the second paper be published, but six members dissented, arguing that the work still posed significant concerns. (That paper’s publication is expected within weeks.) The whole episode has left many people with questions. Could the board have done better? Why wasn’t the research flagged earlier? And is there a way to publish sensitive information while minimizing risks?

There is one point of agreement, says David Relman, a microbiologist at Stanford University in California and member of the NSABB: “This is not the way any of us wants to see these issues discussed, that is, at the eleventh hour and fifty-ninth minute.”

SECURITY SCARE
The NSABB’s roots can be traced back to October 2001, when letters carrying anthrax spores were sent to several public figures around the country (see ‘Threat and response’). In response, the US government invested billions of dollars to prepare for future acts of bioterror, much of it channelled into pathogen research through the National Institute of Allergy and Infectious Diseases (NIAID) in Bethesda, Maryland. In parallel, Congress asked the National Academies to form a panel to recommend how dual-use research — work that could carry bioterror risks as well as benefits — should be identified, regulated and reported. Scientists were anxious to show that they could police their own work and avoid heavy-handed or cumbersome regulation from above. “The science community ought to come up with a process before the public demands the government do it for them,” warned Parney Albright of the US Department of Homeland Security in 2003 (ref. 2).

Geneticist Gerald Fink at the Massachusetts Institute of Technology in Cambridge was chosen to chair the panel. The recommendations in the resulting ‘Fink report’, published in 2004, set out seven ‘deadly sins’: types of research that should warrant close scrutiny, such as experiments to render a vaccine ineffective or to make a pathogen more virulent. The report also called for the creation of a national advisory board to further explore the issues on a national and international stage. This would become the NSABB, an independent panel that is managed and supported by the National Institutes of Health (NIH). In June 2005, NIH director Elias Zerhouni swore in 23 NSABB members in Bethesda. Paul Keim, a microbiologist at Northern Arizona University in Flagstaff and acting chair of the NSABB, says that the ceremony involved the raising of hands. “We all kept from giggling,” he says.

Right away, the board started to flesh out guidelines for a US policy on dual-use research. Its flagship document, released in 2007 and building on the Fink report, emphasized local self-governance, suggesting, for example, that investigators monitor their own and colleagues’ projects, possibly with the help of existing institutional biosafety committees.

Although not officially part of the board’s remit, the NIH also called on the NSABB to review the occasional paper that raised biosecurity concerns. The first two, to land in the board’s lap, in 2005, dealt with efforts to resurrect the Spanish flu virus that was responsible for millions of deaths immediately after the First World War. The board recommended that the papers be published in full. Keim says he now wishes that the group had had more time to deliberate over the Spanish flu work, which raised many of the same issues as the current debate. “I guess I have some regrets about that decision because of the impact it would have had on policy,” he says.

Nevertheless, the papers the board received last October were different from those it had handled before. Their roots go back to 1997, when H5N1 started devastating bird populations worldwide and health officials voiced alarm about the catastrophe that could ensue if the disease gained the ability to jump between humans. In 2006, the NIH convened a blue-ribbon panel to identify priority research on avian influenza. Among other projects, it highlighted the need for experiments to see how bird flu might evolve the ability to spread from person to person. Soon after, the NIH commissioned and funded several such projects, including one from Ron Fouchier at the Erasmus Medical Center in Rotterdam, the Netherlands, and one from Yoshihiro Kawaoka at the University of Wisconsin–Madison and the University of Tokyo. Robert Webster, a virologist at St Jude Children’s Research Hospital in Memphis, Tennessee, and a member of the blue-ribbon panel, says that it paid close attention to the stringent biosafety requirements of such work, but that dual-use concerns “didn’t really surface”.

They should have, says Keim. The experiments committed at least two of the Fink report’s deadly sins: they deliberately changed the host range of a pathogen and they increased its transmissibility. “You think about adapting H5N1 to mammals,” Keim says, and you quickly “realize that there is the potential to do something very dangerous”.

Concerns surfaced in September 2011, when Fouchier presented his results at a high-profile meeting in Malta. He described, in ominous terms, how he had mutated wild H5N1 virus to make it more likely to infect human cells. He had then let the virus evolve in ferrets, a good model for human transmission, until it was able to spread through the air by a cough or a sneeze. Kawaoka took a different approach, mutating a single gene from H5N1 and plugging it into a less pathogenic viral genome. What resulted — two influenza viruses that could spread in mammals, that most humans had never been exposed to and that stemmed from a virus with the potential to kill — was worrying. Still, the board struggled with its decision. At first, says NSABB member Arturo Casadevall, a microbiologist at the Albert Einstein College of Medicine in New York, “I was very uncomfortable with the idea of redacting information because I think that it’s a slippery slope”. But the data and expert analysis assembled by the board convinced him that what Fouchier and Kawaoka had done was too easy to repeat. “We just didn’t think it would be a good idea to put a recipe out there,” he says. Michael Osterholm, a public-health researcher at the University of Minnesota in Minneapolis, emphasized his support for the research, but stressed the precautionary principle. Once the work was published, it could not be taken back. “You can’t unring a bell,” he said on several occasions.

In late December, the US Department of Health and Human Services, which oversees the NIH, announced that it would follow the NSABB’s advice. The response was severe, says Keim. “That redaction approach has been universally panned,” he says. “The investigators hated it, the people who weren’t going to get the data hated it. The government hated it because they couldn’t figure out how to do it.”

Meanwhile, the NSABB’s members were scrambling to make clear that the issues needed international discussion. In mid-February, Kawaoka and Fouchier presented their work at a closed meeting at the World Health Organization (WHO) in Geneva, Switzerland. They assured the researchers that the benefits — for monitoring wild viruses for potentially dangerous mutations and for vaccine development — outweighed the risks. They also explained that the mutant viruses weren’t necessarily lethal to the ferrets, something that hadn’t been clear to everyone before. The attendees, mostly academic flu researchers, recommended that both papers be published in full.

In light of the new information, the NIH asked the NSABB to reconsider its position. A workshop was scheduled for 29–30 March.

SECOND THOUGHTS
The meeting started at 7 a.m. in a sixth-floor conference room of building 31 on the NIH campus in Bethesda. Keim had heard the presentations at Geneva, but still couldn’t predict how the rest of the board were going to react.
Long-standing concerns about research with potential risks erupted into full-blown controversy late last year. The National Science Advisory Board for Biosecurity (NSABB) has been a central player throughout.

2001
Australian researchers inadvertently create a highly pathogenic mousepox virus, prompting alarm that the technique could be used to weaponize smallpox.

2001
Anthrax attacks in the United States show the reality of a bioterror act using sophisticated microbiology.

2003
A highly pathogenic form of H5N1 avian influenza begins to circulate. Several people are infected and as many as half the confirmed cases die from it.

2003
The National Academies publishes the 'Fink' report (Biotechnology Research in an Age of Terrorism) which calls for the creation of the NSABB.

2005
The NSABB reviews two papers reconstructing the 1918 Spanish influenza virus genome. It recommends full publication of both.

2005
The NSABB is sworn in.

2006
A blue-ribbon panel publishes a report prioritizing research into H5N1, which leads to funding of controversial work by Ron Fouchier and Yoshihiro Kawaoka.

2007
The NSABB publishes guidelines entitled Proposed Framework for the Oversight of Dual Use Life Sciences Research.

12 September
Ron Fouchier (pictured) announces that he has created a mammalian-transmissible form of H5N1.

21 November
The NSABB recommends that papers by Fouchier and Kawaoka be redacted: only certain researchers would gain access to full materials and methods.

20 January
Fouchier, Kawaoka and 37 other flu researchers agree to a 60-day moratorium on research with the mutant strains.

17 February
Experts convened by the World Health Organization conclude that the research should be published in full.

30 March
After a two-day meeting, the NSABB recommends full publication of both papers, but the decision is not unanimous.

2 May
Kawaoka’s paper is published.
"I was not placing bets either way," The voting members sat round a conference table, with about 60 administrators, government officials and ex officio members looking on. Everyone was given two hours in silence to review revised manuscripts from Kawaoka's and Fouchier's teams. The researchers had edited the papers to clarify the benefits of the research and to explain the safety measures taken during work with the viruses. Later, they gave presentations. Fouchier was reportedly questioned for two hours.

By this point it was clear that Kawaoka's paper posed less of a threat than Fouchier's because of the low pathogenicity of his hybrid virus. But Relman and other members of the NSABB say that they were not reassured by Fouchier or by the revisions to his manuscript.

"There were no new data that for me diminished the evidence for mammal-to-mammal transmissibility and no data that convinced me that the virulence was any less in his mutant viruses than it was in the wild-type parental H5N1 strains," Relman says.

The board also heard that the practical and political barriers to redaction looked formidable. NIH director Francis Collins told them that export-control rules and freedom-of-information laws in other countries would make it impossible to implement a system for selectively releasing data quickly. Moreover, such a system could jeopardize the pandemic-influenza preparedness framework, an international agreement to share influenza viral samples and information that had been hammered out in 2011 by the WHO after years of debate. For officials in countries such as Indonesia, where poultry farmers have faced financial ruin because of H5N1, a decision to redact information sounded like a decision to allow others to die.

In the end, Osterholm was able to show that the presentations given at the meeting were one-sided and designed to favour full publication of the articles. He said that Fouchier had revealed at the meeting an additional mutation that makes H5N1 both transmissible through the air and deadly. This work "surely must be considered as a candidate for the next manuscript to be before the NSABB for review", wrote Osterholm, who worried that all the same problems would come up again. In her response to the letter, Patterson respectfully disagreed with Osterholm's complaints. But by this point, the spat had started to attract the attention of law-makers. Congressman Jim Sensenbrenner (Republican, Wisconsin) wrote letters to the NIH and to the White House asking how decisions about the research were reached.

People within the NSABB, and outside it, now say that the board did its best in a highly complex situation. But many point a finger at a flawed mechanism for identifying and dealing with dual-use research. "Almost at every step the system isn't working very well for these projects that raise serious concerns about biosecurity," Figler says. The most pressing question is why the research wasn't flagged up earlier for scrutiny.

The answer: the policy simply wasn't in place. In its 2007 report, the NSABB recommended that the federal government develop guidelines and implement a code of conduct to help institutions and researchers to report potential risks at the earliest stage of project development. It also recommended the development of strategies for communicating sensitive research, including restricted publication. These recommendations went largely unheeded because scientists resisted the introduction of cumbersome new practices.

"We got worried about the possibility of these threats," says Figler, but when it came to imposing regulations on research, "we tended to back off".

Now, the flu controversy has forced the US government's hand. On 29 March, while the NSABB was being briefed, it released a policy that requires federal agencies to identify and monitor research projects they fund that tick boxes on the 'deadly sins' list. Tom Inglesby, who directs the Center for Biosecurity of UPMC in Baltimore, Maryland, welcomes the new policy. "It would be much more preferable for these decisions to go on at the beginning of this experimental process. It's more fair to the scientists, more fair to their institutions, more fair to the journals and more fair to the NSABB," he says.

Keim, however, points out that the policy does not require review by disinterested parties. "These are decisions that need to be made in the open with input from different segments of our society," he says. It may be too much to expect scientists to coolly evaluate the risks of their own research against the benefits they gain personally from publication. And even if regulatory changes do take root in the United States, international agreement will take years to solidify. Keim and several others at the NSABB say that publishing with controlled access to certain data would still have been the preferred option for the H5N1 papers, but the challenges extend well past US borders.

Most observers and participants expect that the NSABB will continue to weigh in on policy development, although it may have to resolve questions about conflicts of interest first. In the wake of the flu controversy, some observers have questioned whether it is appropriate to have the NSABB under the control of the NIH — which funded the flu research — and populated by NIH-funded scientists. Board members might not have wanted to vote against publication if it risked biting the hand that feeds them. "I'd be lying if I didn't say that that thought crossed my mind," says Michael Imperiale, a virologist at the University of Michigan in Ann Arbor and a member of the board since its inception. Ultimately, he says, he followed his conscience, which favoured publication of both articles. Anthony Fauci, director of the NIAID and a non-voting member of the NSABB, calls the idea of the NIAID taking revenge against NSABB members for their vote "preposterous".

The whole controversy has been an ordeal for those involved. But Casadevall takes a positive view. "The end result has been a tremendous education," he says.

"I don't know how much of a silver lining that is," Figler says. There's little consensus as to what a new system for dual-use research oversight should look like, he says, and governments have simply kicked the can down the road in the past. "That may happen again, but at least it's out in the open," he says.

Brendan Maher is a features editor for Nature.